



FORRESTON JR/SR HIGH

JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <i>No School</i>	2 <i>No School</i>	3 <i>No School</i>	4 <i>No School</i>	5 <i>No School</i>
8 Pizza Tossed Salad Veggie Fruit	9 Chicken Bowl Mashed Potatoes w/gravy Veggie Fruit	10 Cheeseburger w/bun Onion Rings Veggie Fruit	11 Grilled Cheese Tomato Soup Veggie Fruit	12 Chili Cheese Dog Fries Veggie Fruit
15 I have decided to stick with LOVE. Hate is too great a burden to bear. -Martin Luther King Jr.	16 Corn Dog Sidewinders Veggie Fruit	17 Beef Tacos Lettuce/Cheese Corn Fruit	18 Fish Sandwich Wedge Fries Coleslaw Fruit	19 Pulled Pork Mac & Cheese Veggie Fruit
22 Pizza Tossed Salad Veggie Fruit	23 Ham & Cheese Sub Chips Veggies/Dip Fruit	24 Pork Tenderloin w/Bun Mac n Cheese Wedges Veggie Fruit Cup	25 Chicken Tenders Fries Veggie Fruit	26 Hot Beef w/bun Chips Veggie Fruit
29 Pizza Tossed Salad Veggie Fruit	30 Lasagna Garlic Bread Veggie Fruit	31 TaterTot Casserole Veggie Fruit		

Menu subject to change without notice
All Meals include Milk; Nonfat Chocolate, 1% White
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